

# The Bridge

“Bridging the Gap Between  
Work and Home”

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**Community Enterprises of St. Clair County**  
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## YOUR STARTING LINEUP

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## Life Skills Joins in on Virtual Classes

Life Skills joined the fun times being provided by our ECL Program, by offering a virtual class to our consumers who could not attend program. The class offered was “Get on Up” which was an exercise class designed for both wheelchair and non-wheelchair users. The class was instructed by Life Skills staff to consumers who were at home and had access to either an I-pad, computer, or smart phone. The class was held two times a week on Tuesday P.M., 1:30-2:30 and Thursday A.M., 9:30-10:30.

The virtual class was well received, so the ECL Program extended an invitation for our Life Skills group to join in on their established virtual classes, which included a “Social Club” on Monday mornings, and a “Virtual Tour Group” on Tuesday mornings. Joining those classes was such a hit, that as of October 1, 2021, the Life Skills program has expanded our classes that now include:

**Tuesday “Get on up” Exercise Class, 1:30-2:30 P.M.**

**Thursday “Get on up” Exercise Class, 9:30-10:30 A.M.**

**Wednesday “Book Club”, 9:30-10:30 A.M.** In this class, the group chooses a book and Life Skills staff reads the book while engaging them in questions, answers, and conversation.

If any consumers who are at home wishes to join any of our groups, **WE WOULD LOVE TO HAVE YOU!** Please call Ann Thornton or Patty Shine at Community Enterprises Life Skills at (810) 982-3261 and we will get you set up!



### The ECL Program Gets Walking for a Cause

We were very excited to have the opportunity to participate in this year's PlayABLE walk that was held on October 1<sup>st</sup> in Port Huron. This walk was in support of National Disability Employment Awareness Month and was hosted by MRS and the Port Huron Parks and Recreation Department. The funds are being raised for an accessible playground in Gratiot Park, and we were very happy to be able to get out into our community and support a great cause! For more info about the PlayABLE Walk please contact Amy Sanderson at (810) 982-2521 or [sandersona@michigan.gov](mailto:sandersona@michigan.gov).



#### A Note from Scott Bradley, BWSS Sales and Marketing Manager...

People often ask me "Why Shred?" My answer is if you are a business owner it protects you, your employees, and shareholders. It prevents identity theft, ensures compliance with laws, and safeguards propriety trade information.

Our mission for Blue Water Secure Shredding is to provide cost effective, secure document destruction that will meet the growing demand for document shredding security and assist us in meeting our primary mission of providing job training and employment opportunities to people with intellectual and/or developmental disabilities.

If you have any questions regarding our shredding business or to set up an appointment, please give me a call at 810-990-8836. We look forward to serving you!

### River District News you can Use!

We started a shortened class schedule back in August, going from semesters to trimesters in hopes it would lead to more choice and a greater selection of activities. With that being said, we are heading towards the end of our first trimester. The new trimester will start the first full week of December.

We are hoping to get back, full swing, into the community if it is safe for us to do so. We are seeing some of the places we frequented opening its doors to us once again. We are also hoping to start bowling. Please be on the lookout for more information about bowling, as I am sure the cost will probably be on the rise.

In the meantime, if you have ideas for classes or activities you would like to see for the next trimester, please feel free to reach out to us, we are always looking for input. You can contact Dawn Stone or Laurie Karig at 810-765-3300!

### FYI

CESSC will be closed on Thursday, November 25<sup>th</sup>, 2021, and Friday, November 26<sup>th</sup>, 2021 for Thanksgiving.



### CESSC's Inclement Weather Procedures

It's nearing that time of year where we must think about inclement weather coming. Below is our procedure here at CESSC:

If we are forced to close programs due to inclement weather it will be broadcasted on the following TV and Radio stations: Fox 2 Detroit, Local 4 – WDIV, Channel 7- WXYZ, Channel 62, Channel 50, WWJ 950, WJR AM 760. It will also be posted on our Facebook Page.

#### Participants Who Ride BWAT Busses to and From Program:

BWAT's policy is to follow whatever Woodland Developmental Center does, so if Woodland is closed then they will not run their routes. The first route that BWAT operates leaves the bus garage at 5:30 a.m. so if they have individuals on their busses and then hear that Woodland is closed; they will return people back home. Keep in mind that BWAT makes the decision to operate their bus routes and we have no control over this decision.

#### Participants Who Ride Community Enterprises Vans to and From Program:

If BWAT is operating, then we will be providing transportation. If Blue Water Area Transit cancels transportation, then we will as well, and program will be closed for the day.

It is the practice of Community Enterprises to open program whenever possible. However, in the event of unforeseen circumstances such as adverse weather and facility issues we may have to close program.